



yacc

YOUNG ADULT
CANCER CANADA

2023

WE ARE

Young Adult Cancer Canada (YACC), a national network of young adults—just like you!—dealing with cancer between the ages of 15 and 39.

YACC's mission is to support young adults living with, through, and beyond cancer. To be the connection to peers, bridge out of isolation, and source of inspiration. Every cancer, every stage, YACC's got your back. We know cancer is different for young adults, and we're here to help.

YACC's programs will help you connect with others, gain tools and resources to start the next phase of your life, and find information to help you overcome issues that come up after a cancer diagnosis. Here are some ways you can get involved:

OUR PRIVATE FACEBOOK GROUP

is a very supportive space in which you can ask questions or simply share what you are going through.

LOCALIFE

Localife is an activity-based group led by YACCers in eight cities across Canada. Hosted digitally during the pandemic, but typically in-person.

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YOU ARE NOT ALONE! IT TOOK ME SIX MONTHS TO FINALLY REACH OUT TO YACC ... AND IT WAS THE BEST DECISION I COULD HAVE MADE. RECEIVING A DIAGNOSIS IS OVERWHELMING AND ISOLATING, BUT KNOW THAT THERE'S A WHOLE FAMILY WAITING FOR YOU [IN] THE YACC COMMUNITY.

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WE GET IT

a “weekly” webcast with an expert on an issue surrounding the young adult cancer experience. Also available as a podcast!

PRIMETOWN

a FREE virtual cancer summit for young adults and those who care for them, designed to help cope with cancer when you're in the prime of life!

YACC CHATS

YACC Chats provide a way for young adults affected by cancer to connect in an easy, safe, and supportive environment. These chats are peer-led, themed conversations offered over Zoom. Chats are theme-based, and there are closed groups for 2SLGBTQIA+ YACCers and YACCers over 40.

SURVIVOR CONFERENCE

is the biggest annual reunion of YACC community members in Canada, allowing you to share experiences and regain control of your life with, through, and beyond cancer. Currently virtual, but will return to an in-person event once it's safe to do so.

YAKKITY YACC

These chats are an opportunity to hang out with some of your patient/survivor peers to chat about anything -- cancer related or not. They are a relaxed and casual part of your weekends.

Visit youngadulthoodcancer.ca for more information about programs and fundraising, read stories by other young adults affected by cancer, or to join our mailing lists.

EVERY CANCER, EVERY STAGE
YACC'S GOT YOUR BACK!

Young Adult Cancer Canada
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