



What's up?*

Thursday, June 1, 2017

9:00am - 5:00pm

Arrivals at Comfort Inn Airport

[The hotel has a 4pm check in time, however they are going to try their very best to have our participants in by 2pm. Please be patient with them.]

2:00pm - 4:00pm

YACC Registration & Mingling (*hotel lobby*)

5:00pm – 6:00pm

Newbie Session (*for those who are attending a Conference for the first time*)

Alumni Meet and Greet (*for alumni of the Survivor Conference program*)

6:00pm – 7:00pm

Supper (Salon C&D)

Starting at 7:00pm

Evening Agenda:

- Welcome & Introductions
- A very special evening just for you!

9:00pm

Free Time: Trivia Night!

9:00pm

Body Scan Meditation

Friday, June 2 2017

8:00am	Meditation
8:30am - 9:45am	<i>Breakfast/Housekeeping</i>
Starting at 10:00am	Concurrent workshops/sessions
11:00am - 11:15am	Break
11:15am - 12:45pm	Connecting Through Stories
12:45pm - 1:30pm	Lunch
2:30pm – 5:30pm	Free Time: Cape Spear or Downtown Exploring! <i>[We have planned for the buses to get everyone back to the hotel for 5:30pm so interested participants can be back in time for yoga]</i>
5:30pm – 6:30pm	Yin Yoga
6:30pm – 7:30pm	Supper
8:00pm	Free Time: Screech-in/Pub Night or Games at Hotel
8:00pm – 9:15pm	Yoga

Saturday, June 3 2017

8:00am	Meditation
8:30am - 9:30am	<i>Breakfast and Housekeeping</i>
9:30am - 11:00am	Concurrent workshops/sessions
11:00am - 11:15am	<i>Break</i>
11:15am - 12:45pm	Concurrent workshops/sessions
12:45pm - 2:00pm	<i>Lunch</i>
2:00pm – 3:00pm	Keynote with Debbie Bridgeman
3:00pm – 6:30pm	Free Time <i>(Your Social Committee will have some activities planned for you to enjoy such as a visit to Quidi Vidi Village, shopping downtown, etc. Please note: All costs associated to these activities are your responsibility)</i>
5:30pm – 6:30pm	Yin Yoga
6:30pm - 7:30pm	Supper
7:30pm – 9:00pm	Big Cancer Hook-up LIVE!
9:00pm	Free time: Pub Night; Games Night; Etc

Sunday, June 4 2017

8:00am	Meditation
8:30am - 9:30am	Breakfast and Housekeeping
Starting at 9:30am	Concurrent workshops/sessions
10:30am - 11:00am	Prep for Climb!
11:00am – 1:00pm	Climb Signal Hill!
1:00pm - 2:00pm	Lunch
2:00pm – 4:00pm	Closing Ceremony/Group picture
4:00pm - 6:00pm	Free time & Getting ready for our Return to the 70's!
6:00pm	Banquet at Comfort Inn Airport <ul style="list-style-type: none">➤ Special night, fun, music and laughter guaranteed.

Monday, June 5 2017

11:00am	Check out time at Hotel/Gradual Departures all day... have a safe trip back home!
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**Note: this is a draft of our weekend agenda. We are hoping there will be few changes between now and the Conference date, however, as is life – things can change. ☺*